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Spring is in the air (hopefully)!

Welcome to the March issue of The Knowle & Dorridge Directory.

As I'm writing this there's a blanket of soft white fluffy snow everywhere, and so I'm just hoping Spring is in the air by the time this edition reaches you. While it looks pretty, it stops us all from getting out and about as much as we would want to. And there's loads of great things to do on your doorstep, from local events and shows to walks and restaurants. In here you'll find some great ideas from our advertisers, in the local events section and in the cinema and theatre guide. We've got 2 competitions on offer this month – tickets for the Core Theatre Solihull to see Jess Robinson, the comedienne who was a semi-finalist in Britain's Got Talent; and a chance to win a meal for 4 at the new Boston Tea Party in Solihull. And remember Easter Sunday is on 1st April this year, so here's hoping you have something lovely planned (including lots of chocolate!) for the long Bank Holiday weekend.

Until next month,



Zoe Reece

Tel: 07557 220585

Email: zoe@dorridgedirectory.com

www.knowleanddorridgedirectory.com



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community events

Fashion Show and Pop Up Shop

Knowle Village Hall
Saturday March 24th

This fund raising event is being held in aid of the Knowle Village Hall Refurbishment Fund. Doors open 1.30pm, show starts 2pm. Tickets £7, to be purchased in advance, including refreshments on arrival. Grand Raffle. Clothing available to try on and buy. Tickets available from Stephen Yeomans (01564 778163), Carolyn Abbott (01564 779898) or Royle's Household, Knowle Shopping Precinct.

Spring Sing!

The Core Theatre, Solihull
Saturday 21st April, 7.30pm

Modern community choir Sing! Bentley Heath invites you to welcome Springtime with an evening of popular songs from 'across the pond'. The singers will be sharing favourite hits from stars as varied as Jackson 5, Ed Sheeran, John Denver, Bryan Adams, The Three Degrees and the Beatles. Tickets (£9.50) are available from The Core Box Office (0121 704 6962) and are also on sale at Palmers (school uniform and clothing shop) on Knowle High Street. Kindly sponsored by Standley and Co Solicitors, Knowle. Profits and collections go to this year's charities: The Dyspraxia Foundation and The Men's Shed Group (Marie Curie Solihull). www.singbentleyheath.org.uk

Celebrating Shakespeare

Knowle Village Hall
Saturday 28th April, 7.30pm

A concert of words and music from the Elizabethan Age, presented by the Lachrimae

Consort, directed by Mike Ashley. This is a fund raising event on behalf of the Knowle Village Hall Refurbishment Fund. Tickets £10, in advance only, available from Stephen Yeomans (01564 778163) or Carolyn Abbott (01564 779898).

Spring Orchid Show

Saturday 31st March, 11am-4pm
Arden School, Station Rd, Knowle B93 0PT

Solihull & District Orchid Society organises a yearly orchid show in Knowle. Lots of beautiful orchids on display and available to buy along with orchid accessories. As well as the chance to take a look at and buy spectacular orchids that you wouldn't normally see, there will be an hourly raffle with the chance to win an orchid. Tea, cakes and refreshments will be available throughout the day. You can also bring your orchid for an "Orchid Clinic" or learn how to re-pot in one of our Potting Demo sessions. Call 01295 788159 for more details.

Bingo & Balti Night

Arden Academy, Station Road, Knowle B93 0PT
Saturday 5th May, 7-11pm

Professional bingo caller, fun prizes and fully stocked bar. £10 pp (includes entry, Bingo card, delicious chicken or veg Balti). Payment by cheque (payable to Arden PTFA) or online at www.jumblebee.co.uk/ardenbingo. Email adminptfa@arden.solihull.sch.uk for more information.

Knowle Fun Run

Sunday 20th May

Entries are open for May's 35th Knowle Fun Run. Now with a choice of 5k or 10k, runners have no excuse not to get fit for Solihull's longest running Fun Run with a great community atmosphere on traffic-free streets. Help raise funds for Breast Cancer Haven in Solihull, the brain injuries charity Headway, and half of all proceeds being retained for local causes; or run for your own cause. Enter online at www.knowlefunrun.org.uk.

KNOWLE LIBRARY

- **Jellybeans** - held monthly on a Thursday morning for story-time and rhymes for the under 5's 10.45am -11.30am
- **Monday Story Times** - Weekly story time and rhymes for toddlers and pre-school children 10.30am-11.00am
- **Under - fives** Rhyme Times at 2pm every Friday
- **Knowle Knit and Natter Group** - held monthly on a Tuesday 10.30am -11.30am
- **The Reading Café** - Monthly on a Friday morning 10.30am -11.30am
- **Self-Running Family History Group** - Monthly on a Tuesday 2.15pm -4.00pm
- **Reader's Circles** - Knowle Readers Circle meets monthly on a Friday 2.15pm
- **Knowle Library Self Running Readers Circle** monthly meeting Tuesday 11.00am -12pm
- **Poetry Group** - Monthly on a Tuesday 11.00am -12.00pm
- **Scrabble Club** - Adult Scrabble Club Fortnightly - Monday 2.00pm



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Chartered Architects Gary Winn RIBA and Dean Poulton RIBA are Progression Architects and have been based in Solihull since 1992. They are about to celebrate 25 years in practice.

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Mind over matter

The Knowle and Dorridge Directory is pleased to introduce Rebecca Mander, Henley in Arden business woman, who swapped the world of manufacturing for matters of the mind in 2015 when she founded her now successful coaching business, GuruYou™.

Rebecca now does what she enjoyed most at the Dutch owned company, Smartwares and coaches individuals toward their goals and to unlock their potential. "Quite often we lack perspective and lose sight of our strengths. This can hold us back in many aspects of life, be it personal issues, business or in educational and career development. Coaching for me is about facilitating change in someone through exploring new possibilities with gentle encouragement and support.

As well as executive coaching, Rebecca works with people of all ages on personal life matters. Tragically, in 2007 Rebecca and her husband lost one of their children and the following year, her mother died in a car accident. "I guess you could say that has helped me get a good grip on reality and what really matters in life."

Many of her clients are moving on from a life changing event or towards one and her experience in life and business really help her gain insight into the struggles we can face at home or at work,

Rebecca's VIPs though, are pupils aged 9 upwards wanting to reduce anxiety and increase performance as a result of having a more positive outlook. MiniGuru workshops as well as 1-1 work within school settings help prepare children for SATS and exams.

Older students can prepare for important presentations and interviews with Rebecca. Having been on the other side of the recruitment panel, she knows what businesses look for in a



candidate! "I am really proud of my student clients; many are offered the position they have applied for immediately following the interview! 75% of an interview panel's decision is based on evidence of soft skills and the candidate's personal attributes.

For more details on coaching for children and adults in business or in life, contact Rebecca on 07930 147799 or for more information or go to www.guruyoucoach.com.

We look forward to hearing more from GuruYou™ in forthcoming issues for hints and tips from the world of coaching and self-development!

April Fool!

The origins of April Fools' Day seems to be lost in time but like many traditions probably has a number of historical roots.

There was certainly a Roman festival called hilaria around that time of year, to celebrate the vernal equinox.

The most popular theory about 'modern' April Fools' Day is that it began to take shape in late 16th century France. At that time, there was a switch to the Gregorian Calendar under Charles IX. Prior to this there had been a New Year's week (March 25th-April 1st), and under the Gregorian system, New year's Day fell on January 1st.



As with any change there was some resistance, and many people stubbornly refused to accept the new system, continuing to celebrate New Year on April 1st.

These people were ridiculed and labelled 'fools' by the general populace and were often the butt of jokes and pranks. They were known as poisson d'avril, or April fish, possibly because a naïve young fish is easily caught.

Over the years the custom of prank-playing spread to the general population and eventually to Britain, where schoolboy pranks are still the order of the day. Watch out!

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Mindbenders
Can you find the hidden phrases?

Answers on page 60

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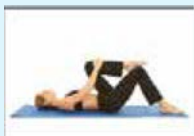
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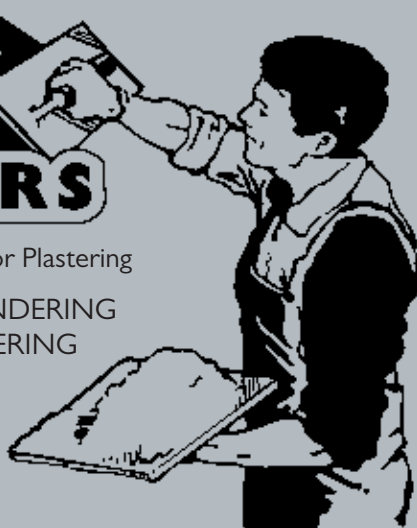
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The Pain of Mother's Day



My mother left home when I was seven. It always struck me as particularly cruel that teachers insisted we made Mother's Day cards.

I pointed out once that my mother had left us. "Do you know her address?" teacher asked. When I nodded she told me I could post it. The irony of posting a card to 'The World's Best Mother' notable mainly by her absence seemed lost on Miss Marriot. Three years ago my friend's mother died from bowel cancer, and she said she would punch the next shop assistant who enquired whether she needed a Mother's Day card.

Don't get me wrong, I think Mother's Day is a lovely tradition but many of us may not realise that Mother's Day is an emotional time of year for those who have lost their mother; those who can't conceive, or those who have miscarried or lost a child

Perhaps Mother's Day needs a make-over. Currently it seems to be about wish-lists, hints to spouses about booking the perfect restaurant and a barrage of adverts featuring the perfect nuclear family.

Our children, and maybe the rest of us need to understand that Mother's Day isn't about spending lots of money or being pressured into meeting crazy expectations.

In the UK it originated when children, mainly daughters (often as young as ten), who had gone to work as domestic servants were given a day off to visit their mother and family. This grew from the centuries-old tradition of people

to returning to their home or 'mother' church once a year. The return to the 'mother' church became an occasion for family reunions.

As there is no tradition of gift-giving on Mother's Day we are free to invent our own traditions and I think it's the perfect chance to inspire kindness, compassion and giving of time rather than possessions.

I would love to see an 'alternative' Mother's Day focussed on less material things. I want to talk to my children about what Motherhood means to me and what having a mother means to them.

I want all of us to think about the people around us, at school, or work, in our social circle and community who might be having a hard time in the midst of Mother's Day celebrations? How can we reach out and share a little kindness or hope? With a card? A note? A phone call?

Last year my kids and I chose to sponsor a child at an orphanage in Uganda. It gives us pleasure to know that someone who has no mother of her own is receiving care and education.

This year my friend and her children made a food parcel for their local food bank and donated it in her mother's name. Her mother volunteered at a foodbank before she became ill so this seemed a fitting way to remember her.

If you are struggling with Mother's Day this year, please know that you are not alone. Reach out and talk to a friend; look for others with whom to share. Be kind to yourself, and if there is no-one you feel you can share your thoughts with consider starting with you and reach out to others who might need support.

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and rescue her missing father. With the help of three powerful beings called Mrs. Which, Mrs. Who and Mrs. Whatsit, Meg tries to overcome the ancient evil force that's holding her father prisoner. And the only way to defeat this darkness is to become the light.



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to use his cunning camouflage powers to gobble up the tiny animals of the night. Trouble is, Hoot Owl's prey keep escaping! Original songs, colourful puppets, animation, ridiculousness and rapid costume changes abound in this wildly inventive new show.

Tomb Raider from 15th March

Lara Croft is the fiercely independent daughter of an eccentric adventurer who vanished when she was scarcely a teen. Now a young woman of 21 without any real focus, she barely makes the rent. Determined to forge her own path, she refuses to take the reins of her father's global empire and rejects the idea that he's truly gone. She leaves everything she knows behind in search of her dad's last-known destination: a fabled tomb on a mythical island.



Malcolm Stent in the Afternoon Spring 2018

Wednesday 21st March 2pm

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HOOT OWL Master of Disguise

Thursday 5th April 1.30pm

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Ricky Cool and the In Crowd - A Night at the Flamingo

Friday 6th April 7.30pm



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A Wrinkle In Time from 23 March

This follows the incredible adventures of Meg Murry, who sets out on a time and space-bending journey through the cosmos to try



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A Pre-nuptial Agreement offers protection

A pre-nuptial agreement is a formal document which describes what assets each party owns at the time of the marriage. It also sets out how these assets and finances will be divided in the event of divorce or separation.

Although couples marry in the belief that the marriage will be forever, it is an unfortunate fact that almost 50% of marriages now end in divorce and parties need to protect their financial position.

Pre-nuptial agreements are important where...

- One party has or is likely to have significant inheritance prospects.
- One party has significantly greater capital or income than the other.
- One party has a successful business that they would like to keep separate from personal finances.
- One or both parties are entering into a second marriage and they wish to retain their previous divorce settlement.
- One or both parties have children from a previous marriage and they wish to protect their children's inheritance rights.

The court's starting point

In deciding financial settlements, the Court's starting point is a 50/50 split of all the assets. It then considers a variety of factors in deciding whether to move from this position such as whether or not the couple have entered into any prior agreements.

Given significant weight by the Courts

Although pre-nuptial agreements are not legally-binding documents, since the landmark Supreme Court case of *Radmacher v Granatino* in 2010, the courts now give significant weight to them when assessing finances.

If it can be shown that both parties freely entered into the agreement and understood the implications of signing it at the time, then as long as it is not unfair to hold the other party to the agreement the courts should uphold it. Pre-nuptial agreements must be drafted and dealt with carefully to ensure the Court have no reason not to uphold it.



Dipika Mistry and Kathryn Ferris
Wallace Robinson & Morgan Family Lawyers

Saving you a lot of time and money

A well prepared pre-nuptial agreement could save you a lot of time and money should your marriage come to an end.

If you are getting married, contact us to talk to one of our family law solicitors who can advise you as to whether such an agreement will be right for you.

Co-habitation Agreements

If you are not getting married but are planning to share a home with your partner, you may want to consider a co-habitation agreement. As the law does not afford the same protection to cohabiting couples, there are a number of things which should be taken into consideration when setting up home outside of marriage, including:

- Whether the home should be held as joint tenants or tenants in common, and how the parties' contributions to the purchase price can be protected
 - Whether a life insurance policy should be taken out
 - Whether the parties need to make a Will and, if so, what provisions should be made for each other.
- Under the intestacy rules unmarried partners will not inherit upon the other's death, and so this is an important thing to consider.

The legal position regarding any children will also be affected by the fact the parents are not married. A cohabitation agreement sets out arrangements to apply both whilst the parties are living together and on the breakdown of the relationship.

How we can help

Wallace Robinson & Morgan Solicitors have the expertise to help draw up an appropriate agreement that both you and your partner are happy with and one that the courts will uphold.

We will make sure that both of you have obtained independent legal advice and fully understand the implications of the agreement.

We will make certain that both of you have given full and frank financial disclosure and ensure that the agreement is realistic and fair.

Our specialist family lawyers can advise you as to whether these agreements are right for you.

Head of the Family Law department, Kathryn Ferris is a qualified Collaborative Family Lawyer and offers the benefits of this revolutionary approach to her clients. Dipika Mistry, is an accredited Law Society Family Law solicitor. Kathryn and Dipika are both members of "Resolution", an organisation that promotes constructive, non-confrontational methods to resolve family issues.

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Fertiliser

This month the days get longer and the sun gets stronger...we hope!

However March is famously temperamental and if the soil where you are is still wet and cold then it's wise to delay planting and sowing until the temperature rises.

Plant nutrient reserves are low at this time of year so, as the soil warms up, it's time to think about fertiliser.

Many gardeners are a bit frightened of fertiliser. All those chemical symbols on the side of the packet are rather reminiscent of school chemistry lessons. In fact the basics are quite simple.

NPK - This can be observed on the side of most fertiliser packages.

The letters stand for:

N - Nitrogen

P - Phosphorous

K - Potassium

Together these are known as the macro-nutrients and each of them has its own use.

Nitrogen primarily feeds the leafy above-the-ground parts of the plants.

Phosphorous promotes



strong roots.

Potassium makes grass hardier, promotes germination and improves vegetable and fruit yields.

The proportions of each macro-nutrient will be printed on the packet. Equal amounts of each nutrient make for a good general purpose fertiliser.

A lawn will need a good balance of nitrogen and phosphorus to guarantee lush green grass with a healthy root system capable of withstanding dry spells. Fruiting plants need higher proportions of potassium.

There are other macro-nutrients: Carbon, Hydrogen and Oxygen, which plants obtain freely from the air

and water; and calcium, magnesium and sulphur, which should be present in any good general purpose fertiliser.

Plants also need micro-nutrients: Iron, Manganese, Zinc, Boron and Molybdenum.

Plants take all these nutrients and build everything they need from scratch, including vitamins. What plants cannot do is absorb vitamins directly from things such as pet food, milk or so-called fertilisers which contain vitamins, proteins and fats.

So don't be intimidated by fertiliser. Decide what your plants need then read the label. It's easy as ABC...or rather NPK!

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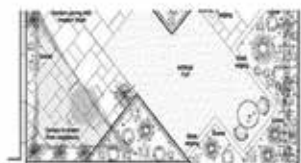
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COMPETITION



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to see Here Come the Girls Tour

**An evening with a multi-award winner and
Britain's Got Talent semi-finalist**

Thursday 19th April at 8pm

The Core Theatre, Solihull (formerly Solihull Arts Complex)

For your chance to win these tickets, worth £36, visit the Core Theatre website page for this event - www.thecoretheatresolihull.co.uk - to find the answer to this question:

What did Metro say about Jess Robinson?

Email your answer to: thecoretheatre@solihull.gov.uk – and please put 'Jess Robinson' as the subject line

Closing date for entries is 5th April and the winner will be drawn at random and notified by email after this date.

About the Show:

Join multi award-winner and Britain's Got Talent 2017 semi-finalist Jess Robinson for an evening of spot-on celebrity impressions, musical comedy and stunning vocal gymnastics. Like a wonderfully malfunctioning jukebox, Jess and her incredible vocals will take you on a dizzying journey through hilarious improvised musical mash-ups, serving a feast of styles and genres from Billie Holiday and Judy Garland to Amy Winehouse and Beyonce. Whether your cup of tea is watching Shirley Bassey belt or if you want to see Jess strut her stuff with Hip Hop's biggest rap stars - there'll be something for everyone, from 9 to 90.

This show is rated PG but is suitable for older children.

Boston Tea Party

SOLIHULL

COMPETITION

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www.bostonteparty.co.uk

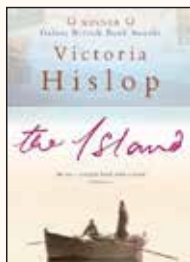
a good read

reviews By Willow Coby

The Island

by Victoria Hislop

It is books like this that remind you, in small ways, how fortunate we are to live in the 21st century when illnesses and diseases that were once considered a death sentence are now curable. One such disease is leprosy which provides the background for this debut novel.



Very often associated with Biblical times, it may be shocking to people to learn that in Europe as recently as 1957, victims of this disease were sent into isolation. The last known leper colony in Europe was the island of Spinalonga off the coast of Crete. This is the island of the novel's title.

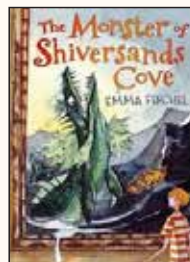
Alexis Fielding is a 25-year-old living in London who knows very little about her background other than the fact that her mother comes from Crete. For whatever reason her mother refuses to discuss her past. Frustrated by her silence, Alexis decides to take her own journey to her mother's home village, Plaka, to discover the truth that her mother will not speak of. Through an old family friend, in the heat of the Cretan sun, Alexis learns of her family history. Of her great grandmother, Eleni, and her two daughters, Maria and Anna.

More crucially she learns of the sad past of the now deserted island, just 1km from Plaka. And how her family's past is forever linked to this place where the shunned inhabitants tried to maintain some level of normalcy amidst their pain and isolation. In a culture where family is everything, how can a family continue when it is ripped apart?

The Monster of Shiversands Cove

by Emma Fischel

Ah, a summer holiday by the beach! Hot days playing in the sand. Days full of digging and snorkelling. Sounds like bliss! At least it DID. Stan is fed up. For the last four years his family have holidayed with his best friend, Rory's, family. And this year was supposed to be the same until Rory's parents both got new jobs



and moved away. Now he is stuck in a cottage by the sea with Magnus, his four-year-old brother who is insistent that he is going to spend the whole holiday searching for fairies. Of course, Stan knows that this is nonsense and that fairies don't even exist.

One night he decides he has had enough. Magnus will not stop talking about the fairy he caught and has called Harry. In a moment of anger, he agrees with Magnus that this may be a hot spot for fairies and elves, but that means it is also a hot spot for monsters! Magnus is terrified but of course he has no real need to be. Everyone knows that monsters aren't real. Or are they?

useful numbers

Health

NHS non-emergency	111
Dorridge Surgery	01564 776262
Knowle Surgery	0121 796 2777
Solihull Hospital	0121 424 2000
Spire Parkway Hospital	0845 850 1451

Council

Solihull Council	0121 704 6000
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Utilities

Electricity power cut	0800 6783 105
Gas leak	0800 111 9999
Severn Trent Water	024 7771 5000
Severn Trent Water (emergencies)	0800 783 4444

Travel

National Rail Enquiries	03457 48 49 50
Network West Midlands (buses)	0345 303 6760

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Alan Rebeiro

Tel: 01564 200047
 arebeiro@solihull.gov.uk

Councillor surgeries are held quarterly at Knowle Library, please contact the library (01564 775840) for the next date and if you wish to book a meeting with a local councillor.

local police contact for knowle & dorridge

Sergeant Mike Lloyd

Telephone: 101 ext 892 6037

Email: rurals@west-midlands.ppn.police.uk



Boiled Fruit Cake

Fruit cakes don't have to be tricky. This one is simple. Use a teacup for measuring.



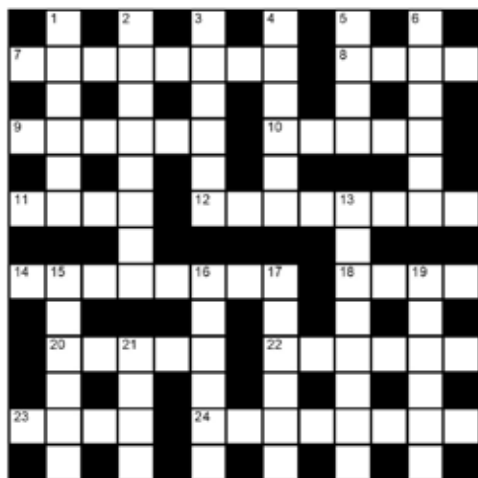
Ingredients

1 cup of water
225g / 8oz unsalted butter
1 cup of soft brown sugar
½ cup peel (if you don't like peel, use chopped ready-to-eat dried apricots)
1 ½ cups raisins
1 ½ cups sultanas
¼ cup chopped glace cherries
1 tsp mixed spice
2 cups plain flour
1 tsp baking soda (bicarbonate of soda)
2 eggs

Method

Place the first eight ingredients into a large saucepan and bring it to the boil.
Reduce the heat and simmer gently for 20 minutes, then set aside to cool.
Heat the oven to 180C/fan 160C/gas 4.
Line a deep 20cm/8inch circular cake tin with greaseproof paper.
Mix the beaten eggs well into the fruit mix. It's important that the mixture has cooled because if it's too warm the eggs will cook!
Then sieve the flour and baking soda into the mixture and mix well.
Pour into the cake tin and bake for 1-1½ hours until cooked through (when a skewer inserted into the cake comes out clean). If the cake is browning too quickly reduce the temperature a little.
Remove from the oven and allow to cool in the tin for fifteen minutes, then turn out on to a rack.
The cake keeps really well if it's stored in an airtight tin.

crossword



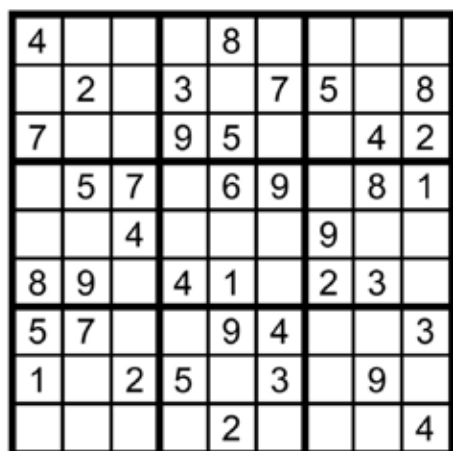
clues

Across

- 7 Put up for election (8)
- 8 Strong impulse, desire (4)
- 9 Small amount of food, a mouthful (6)
- 10 Snow-block house (5)
- 11 Diary keeper ____ Frank (4)
- 12 Accepted, allowed (8)
- 14 Possible (8)
- 18 Cloak (4)
- 20 Nibble, sample (5)
- 22 Small tower (6)
- 23 Puddling similar to semolina (4)
- 24 Gushing streams of water (8)

Down

- 1 Chrysalis (6)
- 2 Beatniks, bohemians (8)
- 3 Pungent bulb used in cooking (6)
- 4 Hand in your notice (6)
- 5 Haul, tug (4)
- 6 Disregard, neglect (6)
- 13 Happened (8)
- 15 Non-speaking actors in crowd scenes (6)
- 16 Gasp, inhale (6)
- 17 Whole, complete (6)
- 19 Lots, abundance (6)
- 21 Excessively studious person (4)



how to play sudoku

It's simple!

Fill in the grid so that each row, column and 3x3 box, contains the numbers 1 through to 9 with no repetition. You don't need to be a genius. These puzzles use logic alone. Watch out! Sudoku is highly addictive.

answers on page 60

Accountants

46 Athos Business Solutions 0333 400 7876

Architects

7 Progression 01564 730191

Bathrooms

26 OT Bathrooms 0121 707 8612
27 Bathrooms Galore 0121 783 9966
36 Kav's Bathrooms and Plumbing 07599 085670
38 EH Smith 0121 713 7200

Blinds / Curtains / Fabric

9 Tudor Rose Curtains 0121 445 2072
18 Soft Options Mill Shop 01564 783399

Builders

17 Parkfield Building Services 0121 241 2959

Cakes

11 Sugarbliss Cake Company 01564 774223

Car Services

13 Crossroads Service Station 01564 703225
44 Johnsons Cars 01564 454 51
45 Easylease 0121 693 0573

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21 Bluebird Care 0121 711 7435
22 Lady Katherine Housing 01564 772850
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40 Classic Carpet Cleaning 0121 682 7450
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25 Dimension Landscape & Driveways 0121 733 1463
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12 The Bell at Tanworth in Arden 01564 742212
62 Nailcote Hall 02476 466174
63 Hatton Country World 01926 843 411

Fascias & Gutters

51 Proline 0800 956 1315

Garden Centres / Services / Landscaping

8 Earlswood Garden & Landscape Centre 01564 702314
25 Dimension Landscape & Driveways 0121 733 1463
33 Central Drives Landscapes 0121 702 1456
51 Kenilworth Fencing 07891 046187
52 Oakland Group 0700 598 2828
53 Hampton Gardening 01675 446174

Graphic Design

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9 Central England Pilates 07762 311074
13 Equanimity CBT 0844 693 1282
15 Guru You 07930 147799
18 Gaynor Kunneke Pilates 07729 712038

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38 EH Smith 0121 713 7200

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32 Adrian Lewis 07811 455546

Plastering

32 Adkins Plastering 07977 354323

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3 Knowle Domestic Appliance Repairs 01564 730183
19 Stephen Smith & Son 01564 200119
35 Cullen Plumbing & Tiling 07896 862916
36 Kav's Bathrooms and Plumbing 07599 085670

Restaurants

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12 The Bell at Tanworth in Arden 01564 742212

Roofing

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28 C Stevens Roofing 0121 733 1276

Security

34 Connect 4 Security 0344 324 6020

Sewing

10 Sew To It Sewing School 01564 792083

Solicitors

20 Sydney Mitchell 0121 746 3300
47 Probate Solicitors 01564 758055
48-49 Wallace Robinson Morgan Solicitors 0121 705 7571

Windows & Doors

10 Ecoseal 0121 369 1981
30-31 Mainstream 01564 320013
37 Howard Yarnold 0121 414 0808



Sudoku Solution
from page 59



Crossword Solution
from page 59



Solution to Mind benders

1. Throw in the towel
2. Good for nothing
3. Wet behind the ears

Mindbenders Solution
from page 15

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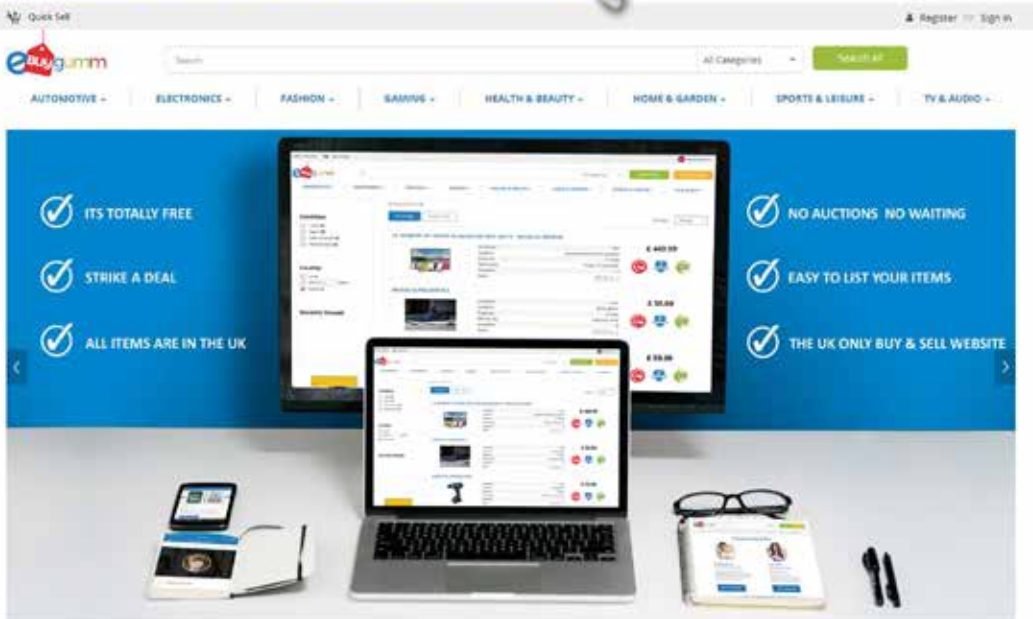
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